

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
CHIPS gf															
Sweet potato fries gf df															
Flatbread & dips	Y Whe Bar								Y	Y		Y	Y	Y	
OLIVES / Rustica olives															
Basket of Flat Bread	Y Whe														
Posh pork scratchings														Y	
Cocktail / Salted Mixed Nuts					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								

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Smokehouse Nut Mix	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
Spicy Bar Snack Mix															
Wasabi Peanuts	Y Whe				Y							Y			
SEASONAL SOUP ***Please refer to current prix fixe allergens list***															
POTTED CORNISH CRAB with AVOCADO GUACAMOLE, prawn butter	Y Whe Rye	Y								Y				Y	
BAKED SAINT-MARCELLIN CHEESE	Y Whe Rye									Y	Y				
INDIAN SPICED SAMOSAS	Y Whe						Y Cas							Y	
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y	
MOROCCAN MEZZE PLATTER	Y Whe Bar						Y Cas	Y				Y	Y	Y	
St Austell's Tribute Beef & Ale Pie	Y Whe Bar								Y	Y	Y			Y	
STEAK FRITES 'EXPRESS' - gf										Y		Y		Y	
JIMMY BUTLER'S FREE RANGE GAMMON STEAK	Y Whe								Y	Y		Y			

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FREE RANGE CORNISH BEEF BURGER	Y Whe Rye								Y		Y	Y		Y	
ADD : Bacon															
ADD : Comte Cheese										Y					
ADD : Melted Blue Cheese										Y					
SALMON & SMOKED HADDOCK FISHCAKE with wilted spinach, kale & nutmeg in a cheddar cream sauce, toasted almonds	Y Whe Bar			Y			Y Alm		Y	Y		Y		Y	

■ Yes
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts

Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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